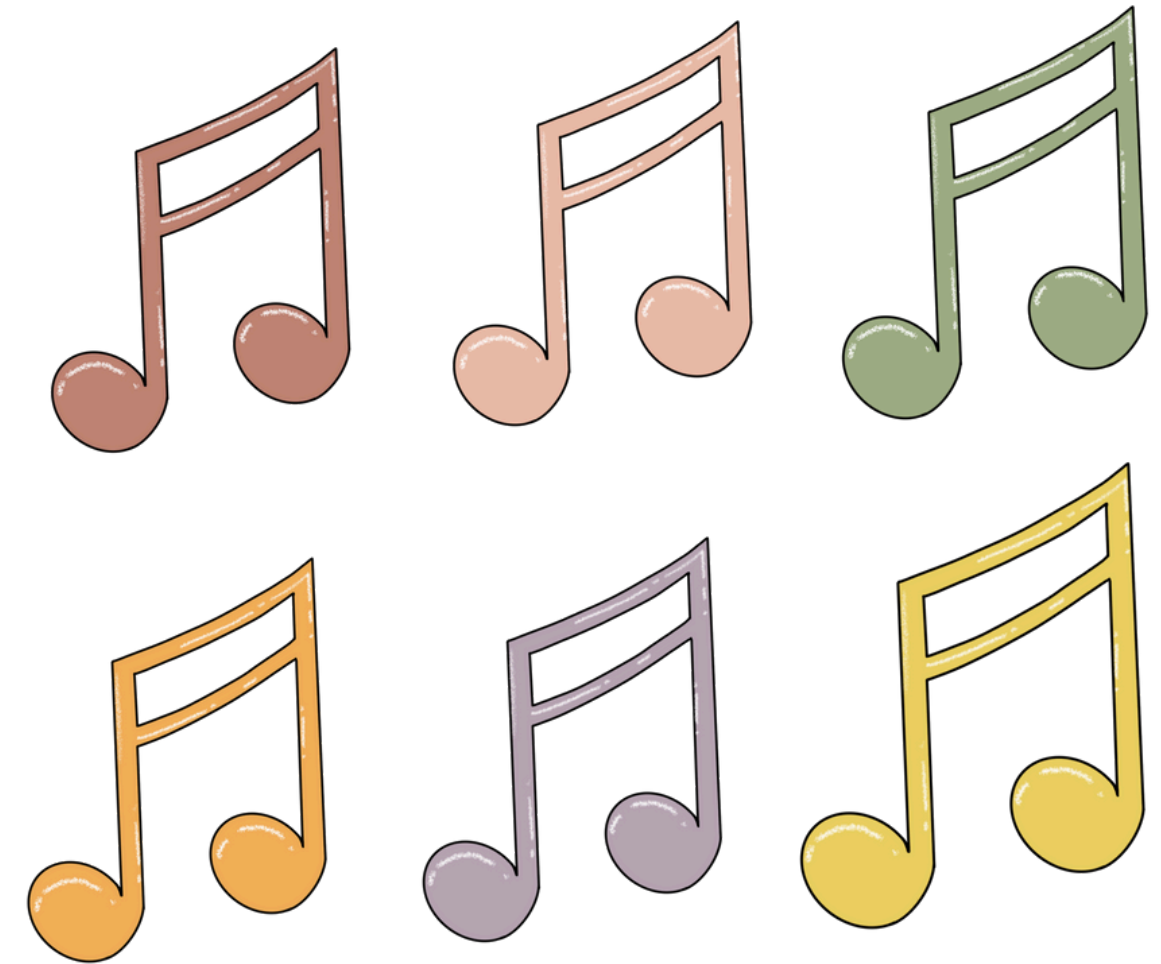


What is **Music
Therapy?**

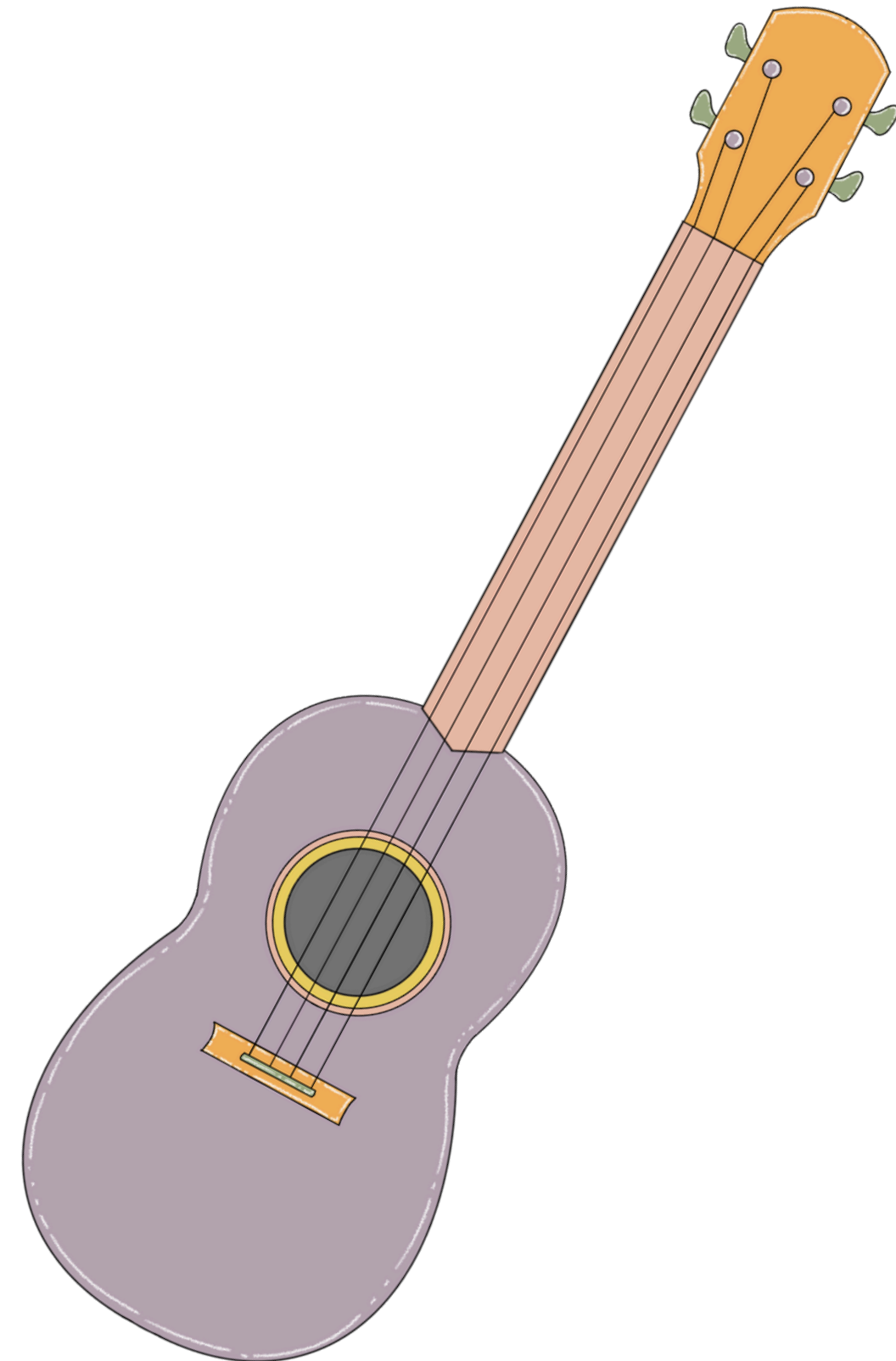
Music Therapy

Music therapy is a structured and creative professional service led by board-certified Music Therapists (MT-BC), who use music to support personal growth and well-being. Rooted in clinical and evidence-based practice, sessions are designed with clear therapeutic goals and may involve singing, playing instruments, movement, or listening to music—each tailored to meet individual needs. This approach helps improve communication, enhance emotional expression, support sensory and motor development, and foster social connections.



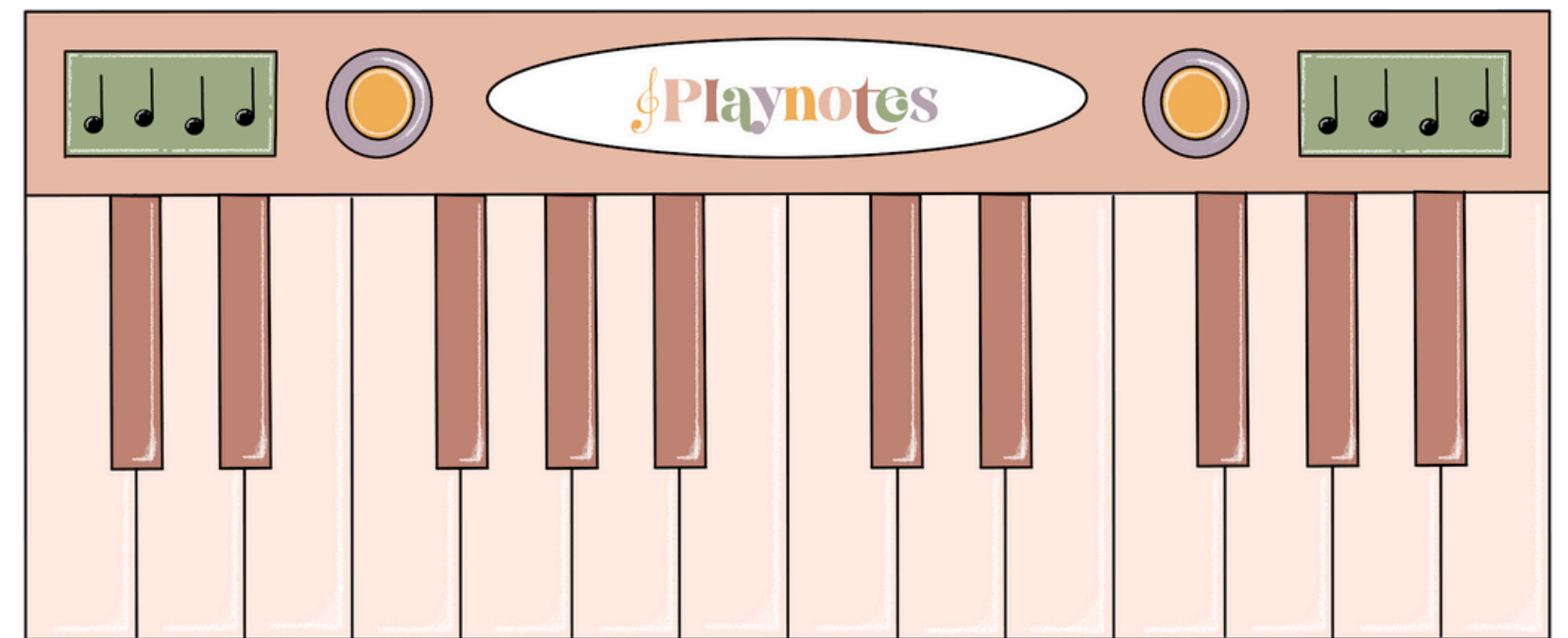
Who are Music Therapists?

Music Therapists are trained professionals with specialized education in music therapy, holding a bachelor's, master's, or doctoral degree in the field. They complete extensive clinical training, including at least 1,200 hours of supervised fieldwork which includes an internship, and obtain board certification (MT-BC) or licensure to practice.



Where Can Music Therapy Make an Impact?

- Schools & Special Education Programs
- Hospitals & Healthcare Facilities
- Rehabilitation Centers
- Mental Health Facilities
- Nursing Homes & Assisted Living Centers
- Hospice & Palliative Care
- Community Centers & Nonprofits
- Private Therapy Practices
- Correctional Facilities
- Early Childhood & Developmental Programs
- Telehealth & Virtual Sessions





www.playnotesmusic.com